



REDISCOVER YOUR INNER LIGHT

Our Grand Opening!

We will be celebrating our Grand Opening on Saturday, November 19th, from 1-4 pm. We will be having FREE Integrated Energy Therapy and Kundalini Reiki Demonstrations throughout the afternoon! Come experience a taste of what IET and Reiki can do for you!

There will also be Amazing Drawings for Give-Away Packages, Music, Refreshments, and Much, Much More!

We look forward to sharing this Event with YOU!

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Our Story... I began my journey back in 1994, having read, A Return To Love, by Marianne Williamson. My spiritual healing began at that time. Learning that LOVE heals, I began to search for a different way to live. Soon after my son was born, I attended a very powerful and life changing personal growth program, "Light of the Soul" with Ellen Peterson, of Avenues Counseling Center. Finding that my life was traveling in some pretty unexpected, and not altogether pleasant, directions, I also was searching for a way to help myself through some major life changes. I began to develop a love for people and life that I had never felt before and wondered how I could assist others in finding that, as well! Having been a public school teacher for many years, I had also begun to notice the effects of stress and anxiety on children. I started searching for a way to help the children overcome these issues in the classroom. I began using mediation and goal setting as a tool. After completing my Certificate of Advanced Study in Leadership, becoming an Usui and Kundalini Reiki Master Teacher, an Integrated Energy Therapy® Master Instructor, and Certified Life Coach, I felt ready to manifest my dream!

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Our Story, Continued...

With the unwavering support of my husband, Mike, [Beecken of Light](#) was born in August 2015. I began by offering energy work sessions and classes out of our home. When this got to be a bit of a trick with the whole "Beecken Bunch" around, (4 kids, 2 nutsy Goldies (and all their fur!), and 3 cats) it got to be a little overwhelming! It became my dream to open an energy work center where I could help others relax, grow, and find peace. Well, this dream came true!

Now, we are able to offer Integrated Energy Therapy®, Reiki, Life Coaching, Aromatherapy, Personal Transformation Classes, and IET and Reiki Training, among a variety of other class offerings, from our 206 W. Franklin Street, Horseheads, NY location! I have been so blessed to help others find relaxation, clear stagnant energy, set and reach life goals, and attain authentic happiness, contentment, and grounding. I am amazed and so grateful that I can share this space and time with YOU! Like me, you can [Rediscover Your Inner Light!](#) ~Blessings

More About... IET® Steps To Transformation

This series of classes is, indeed, transforming! You will be led, very gently, to connect with your Angels. Through them, you discover how to activate your 12-strand DNA; which is a key to recognizing and clearing Karma, attaining true Forgiveness, learning about your Soul's Mission, live life through your Empowered Heart, and finding real Freedom! Each class is filled with Energy Work, Healing through the Angels of the Energy Field, Hope, and Heart-Centered Guidance! Although attending the whole series is encouraged, after the first class, where you learn how to create a Heart-Link with your Angel, you may pick and choose which topics you would like to learn more about! The processes we experience are PROFOUND, and I truly think they will AMAZE you! For more information, click the link below!

THIS MONTH'S SPECIAL HAPPENINGS!

Tuesday, November 15~ [Steps to Transformation: Steps 1-7](#)

Series begins!

Registration: <https://www.eventbrite.com/e/steps-to-transformation-workshops-tickets-29184700224>

Saturday, November 26~ [Essentially Awesome Make and Take Class](#)

Registration: <https://www.eventbrite.com/e/essentially-awesome-oils-make-and-take-workshop-november-edition-tickets-28468062742?aff=es2>

We are available Monday 4-7, Tuesday 4-6, Thursday 4-6, and Saturday 9-1. We are more than happy to accommodate other times at your request!

Call (607) 279-1157